

DROP-IN SESSION: COVID-19 HEALTH CHAMPIONS

Camden and Islington Public Health (24 February 2021)

Gizem Koksas, Assistant Public Health Strategist

Polly Kwok, Public Health Project Manager





- Welcome to this drop in session
- The session will begin at 5:30pm and finish at 6:15pm.

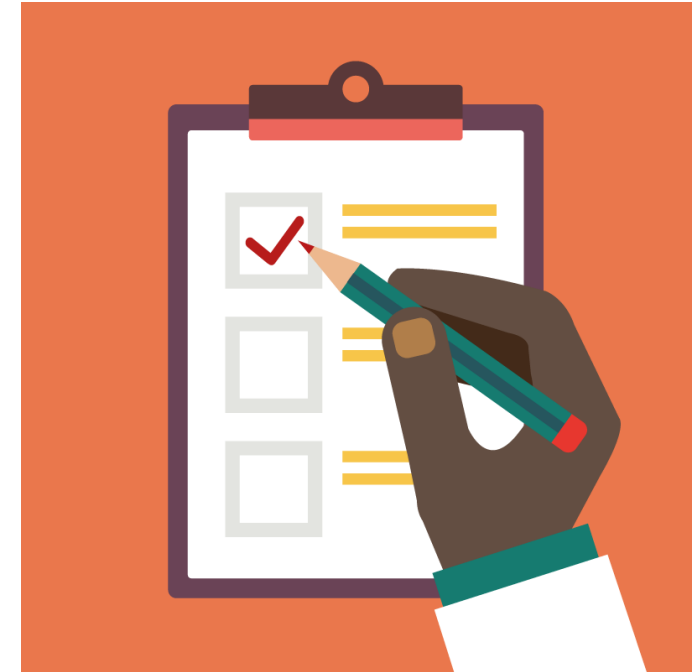
House keeping:

- You can choose to have your camera on or off
- Please mute yourself when you're not speaking; as this helps to hear those who are speaking more clearly.
- If you want to speak please raise your hand using the icon.
- If your audio isn't working or you prefer not to speak please do use the chat box to ask questions/make comments.
- We will answer all questions today or in our weekly newsletter



Today's Session

- **Key messages** about COVID-19 cases
- **Recent government announcements**
- **Explaining the vaccination process: from getting the invitation to having your second**
- Q&A session
- Reminder of key messages to share



Key Messages – COVID-19 cases

- For the latest 7 day period (8 – 14 February),
 - **Camden 60.0** per 100,000 population (last week was 99.6)
 - **Islington 64.3** per 100,000 population (last week was 119.2)
 - Overall London rate is 105.4 per 100,000 (last week was 182.4)
- Compared with week ending 6 Dec - Camden was 101.1 per 100,000 and Islington was 134.5 per 100,000 (London = 199.0 per 100,000)
- Percentage of residents testing positive is currently 4% for Islington and 6% for Camden
- R rates in London are currently estimated as between 0.6-0.8 (last week was 0.6-0.8) which is similar to, but slightly lower than England (0.7-9.0) – R value below 1 means the pandemic is shrinking

We have started to see a fall in the COVID-19 infection rate in Camden and Islington and across London but there are still a number of people catching COVID-19 every day



Lockdown roadmap

The Government recently set out their 'roadmap' for the easing of COVID-19 restrictions, with priority being given to the full reopening of schools and colleges from 8 March.

A few points to note:

- There will be a minimum of five weeks between each step: four weeks for the data to reflect changes in restrictions; followed by seven days' notice of the restrictions to be eased.
- Wraparound childcare and other supervised children's activities can resume where they enable parents to work, seek work, attend education, seek medical care or attend a support group
- Care home residents will be allowed one regular visitor provided they are tested and wear personal protective equipment
- Stay at Home requirement will remain, but people can leave home for recreation outdoors with their household or support bubble, or with one person outside their household
- Some university students on practical courses will be able to return to face to face learning

STEP 1 8 March

29 March

EDUCATION

8 MARCH

- Schools and colleges open for all students
- Practical Higher Education courses

SOCIAL CONTACT

8 MARCH

- Exercise and recreation outdoors with household or one other person
- Household only indoors

29 MARCH

- Rule of 6 or two households outdoors
- Household only indoors

BUSINESS & ACTIVITIES

8 MARCH

- Wraparound care, including sport, for all children

29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

TRAVEL

8 MARCH

- Stay at home
- No holidays

29 MARCH

- Minimise travel
- No holidays

EVENTS

- Funerals (30)
- Weddings and wakes (6)

STEP 2

No earlier than 12 April

At least 5 weeks after Step 1

EDUCATION

- As previous step

SOCIAL CONTACT

- Rule of 6 or two households outdoors
- Household only indoors

BUSINESS & ACTIVITIES

- All retail
- Personal care
- Libraries & community centres
- Most outdoor attractions
- Indoor leisure inc. gyms (individual use only)
- Self-contained accommodation
- All children's activities
- Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)

TRAVEL

- Domestic overnight stays (household only)
- No international holidays

EVENTS

- Funerals (30)
- Weddings, wakes, receptions (15)
- Event pilots

Expansion of Shielded Patient List

- The Government also announced that more people are being added to the list of clinically extremely vulnerable as a result of a new approach to identifying and protecting adults who are highest risk of getting seriously unwell from COVID-19.
- Everybody (new and previously added) on the list is asked to shield until 31 March 2021 and will be prioritised for vaccination.
- Shielding means staying at home as much as possible and minimising interaction between you and others. It can mean things like avoiding shops, pharmacies, school and work.
- The government [website](#) provides further information on how you can access additional support such as priority access to supermarket deliveries. You can also find information on [Camden](#) and [Islington](#) websites.

- People who are defined as clinically extremely vulnerable are thought to be at very high risk of serious illness from coronavirus. There are three ways you may be identified as clinically extremely vulnerable:
 - You have one or more of the conditions mentioned.
 - Your clinician or GP has added you to the Shielded Patient List because, based on their clinical judgement, they deem you to be at high risk of serious illness if you catch the virus.
 - You have been identified through the [COVID-19 Population Risk Assessment](#) as potentially being at high risk of serious illness if you catch the virus.

People who do not fall into any of these categories, and have not been contacted to inform you that you are on the Shielded Patient List need to continue to follow the national lockdown guidance.

Clinically extremely vulnerable list

The Joint Committee on Vaccination and Immunisation (JCVI) defines clinically extremely vulnerable people as those with:

- solid organ transplant recipients
- people with specific cancers:
- people with cancer who are undergoing active chemotherapy
- people with lung cancer who are undergoing radical radiotherapy
- people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
- people having immunotherapy or other continuing antibody treatments for cancer
- people having other targeted cancer treatments that can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
- people who have had bone marrow or stem cell transplants in the last 6 months or who are still taking immunosuppression drugs
- people with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary disease (COPD)
- people with rare diseases that significantly increase the risk of infections (such as severe combined immunodeficiency (SCID), homozygous sickle cell disease)
- people on immunosuppression therapies sufficient to significantly increase risk of infection
- problems with your spleen, for example splenectomy (having your spleen removed)
- adults with Down's syndrome
- adults on dialysis or with chronic kidney disease (stage 5)
- women who are pregnant with significant heart disease, congenital or acquired
- other people who have also been classed as clinically extremely vulnerable, based on clinical judgement and an assessment of their needs. GPs and hospital clinicians have been provided with guidance to support these decisions

When will people receive the COVID-19 vaccine?

- NHS's largest and most complex vaccination programme
- Vaccination roll-out in full force but speed depends on supply of the vaccine and how fast it is delivered to vaccination settings
- You do not need to wait to be contacted if any of the following apply:
 - you are aged 64 and over
 - you have **previously received a letter** saying you are at [high risk from coronavirus](#) (clinically extremely vulnerable)
 - you are eligible for [Carer's Allowance](#)
 - you are a frontline health or social care worker



Vaccination sites in Camden and Islington



Large vaccination centre	General practice	Community pharmacy	Hospital hub (for patients and care staff)
Francis Crick Institute	Bloomsbury Surgery, 1 Handel Street, WC1N 1PD (Camden)		Royal Free Hospital
	Recreation Centre on Royal Free Hospital Site, Pond Street, NW3 2QG (Camden)		University College Hospital
	Peckwater Centre, 6 Peckwater Street, NW5 2UP (Camden)		The Whittington Hospital
	Belsize Priory Health Centre, 208 Belsize Road, NW6 4DX (Camden)		
	Bingfield Primary Care Centre, 8 Bingfield Street, N1 0AL (Islington)	Arc Centre, 98b St Paul Street, N1 7DF (Islington)	Great Ormond Street Hospital
	Hanley Primary Care Centre, 51 Hanley Road, N4 3DU (Islington)		St Pancras Hospital

A roving team has been set up to vaccinate to cover housebound residents in the coming weeks/months.

Updated 19 February 2021

When will people receive the COVID-19 vaccine?



Source: Government briefing, Department of Health

BBC

The vaccination process: from getting the invitation to having your second dose

Appointments booked [online](#) or by calling 119 free of charge

You'll be given a vaccine record card - take a photo in case you it!



When you're eligible, you'll be invited to have the vaccine via a letter, call or text message from the NHS

You'll book an appointment at a time that suits you and you'll be able to choose one of the nearest vaccination sites (this will also depend on your accessibility needs)

You'll be given advice to travel to your vaccination appointment safely and who you can ask for support to get there if you need it

Don't forget to bring your face covering (unless exempt) and booking reference numbers

At your appointment, you'll speak to a healthcare professional about:

- consent process
- ask questions

- Receive first dose
- Wait for 15 minutes

Preventative measure in case you have an allergic reaction – but reactions are very rare

No vaccine is 100% effective, so please continue to follow public health advice

[See](#) how one of the vaccination sites, Arc Centre pharmacy works.

Key points to remember

- If you need a carer you can bring them with you on the day
- Your appointment should last for around 30 to 45 minutes
- All places that offer COVID-19 vaccinations will help keep you safe from COVID-19. There will be regular cleaning and social distancing in waiting areas
- You will also be given a [leaflet](#) about what to expect after your vaccination to take home with you
- No vaccine is 100% effective, and it is important that people continue to follow wider safety and preventive measures to reduce risk such as wash their hands regularly, social distance and wear a face covering
- National lockdown rules are still in place until at least 29 March so we must continue work together to protect our community and the NHS
- Tell us about what you're hearing from the community and any misinformation you see so we can respond to it. Tell us what other resources would be helpful.
- If you have any questions, please email us at CHC@islington.gov.uk.



Questions?

Please feel free to post in the chatbox or raise your hand using the icon if you want to speak.

